40. A method according to claim 39

wherein the prescribed form of energy comprises electromagnetic radiation.

41. A method according to claim 39

wherein the prescribed form of energy comprises light energy.

42. A method according to claim 39

wherein the superficial venous malformation comprises a spider vein.

43. A system comprising

a reactive agent that is controllably activated by the application of a prescribed form of energy,

a device operating to emit the prescribed form of energy that activates the reactive agent, and

directions for using the reactive agent and the device to treat a superficial venous malformation.

44. A system according to claim 43

wherein the prescribed form of energy comprises electromagnetic radiation.

45. A method according to claim 43

wherein the prescribed form of energy comprises light energy.

46. A system according to claim 43

wherein the superficial venous malformation comprises a spider vein.

47. A method for treating superficial venous malformations comprising

providing a light-reactive agent,

distributing the light-reactive agent at, in, or near an inner wall of a vein, and

activating the light-reactive agent by applying light energy from a light emitting diode having a wavelength that activates the light-reactive agent to cause localized injury to the inner wall of the vein.

48. A method according to claim 47

wherein the superficial venous malformation comprises a spider vein.

49. A system comprising

a light-reactive agent,

is a photoactivation device comprising at least one light-emitting diode operating to emit light at a wavelength that activates the light-reactive agent, and

directions for using the light-reactive agent and the photoactivation device to treat a superficial venous malformation.

50. A system according to claim 49

wherein the superficial venous malformation comprises a spider vein.

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